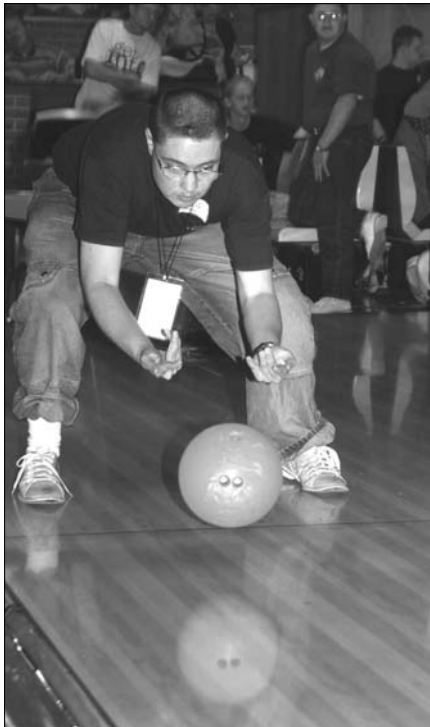


Fort Riley Sports

November 14, 2003

America's Warfighting Center

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Aaron Michalski, 21, has been bowling for five years. This is his third trip to Fort Riley for the state tournament. Michalski is one of 700 bowlers who competed in the tournament held at Fort Riley.

Bowling for gold

Special Olympics competition held on post

Gary Skidmore

Command Information Officer

Jeff Emrick may never be on the Professional Bowlers Tour, but he takes his sport seriously and spends hours upon hours each week practicing and honing his ability to throw a strike.

During competitions, like the one held last Friday and Saturday at the Custer Hill Lanes on Fort Riley, Emrick is all business. He has purchased a new bowling ball and spent hours learning its quirks. He knows how to release the ball just right so as it leaves his hand, it spins counterclockwise as it rolls towards the pins.

With each ball he sends down the lane, he cocks his head in true bowler fashion as if he can guide the ball with a nod of his head. When he strikes, he's fast to turn and greet his parents approval with an ear to ear toothy grin.

When he doesn't do as well as hoped, he returns to his seat, stoic. Shoulders lowered and yet anxious to right his minor wrong.

But Emrick is comfortable with how he's done at the tournament. He's had several strikes and had masterfully proven his ability to pick up a spare. Today he was hot ... in the groove. Today was his day.

Emrick, 21, placed first in his group of bowlers with a score of 170. He left the floor with a smile and a gold medal, much like many of the tournaments bowlers because today, all of the athletes at the 2003 Kansas Special Olympics Bowling State Championship are winners.

Emrick, as are the 700 other athletes competing in the tournament is retarded.

The tournament is so large that it is divided in half and held in Manhattan, Kan., with the other half held at the Custer Hill Lanes. For the past four years, thousands of athletes, their coaches and volunteers from Fort Riley and surrounding communities, have gath-

ered on Custer Hill for the tournament. Debby DeVenuto, the Northeast Area director for the Special Olympics oversees a 20 county area and is responsible for bringing the Special Olympics to Fort Riley.

"We used to conduct the tournament in two parts, an east and west state tournament," said DeVenuto. "I considered Manhattan because there are two bowling centers in town and included Fort Riley because the bowling center is very large and there is such a big volunteer base to draw from."

When it comes to volunteers, Sgt. Christy Hawkins, 1st Replacement Company is where the buck stops.

"This is great," said Hawkins, of her first year as the volunteer coordinator. "I have more than 100 volunteers at the tournament. Everyone from Soldiers to civilian family members to high school, junior high school and even elementary school kids, including my daughter who

will be here Saturday as an awards presenter, volunteer to be part of the tournament."

For 20 year-old volunteer, Spc. Faith Gregory, a Nebraska Army National Guard Soldier assigned to the 1st Personnel Support Battalion volunteering for the Special Olympics is like going home.

"I worked with the physically and mentally handicapped before I deployed. I like the big smiles and the hugs," said Gregory. "I volunteered thinking I could bring some of that back. I like being out there ... being a Soldier and interacting with different people. I like the idea that at the end of the day, I can take this home and know I did something good."

DeVenuto, has been active in Special Olympics for more than 28 years.

I stated out as a coach in junior high school and have been hooked ever since."

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PFC Kory Brown, 101st Forward Support Battalion, is surrounded by volunteers and athletes at the 2003 Kansas Special Olympics State Bowling Tournament. Brown was an awards presenter.

Some birds determined to stay, K-State wins big in preseason

feeders can help many survive

By Carla Hurlburt

DES Conservation Office

It is rapidly approaching the season when the chilly air and shorter days send our feathered friends south for the winter. However, not all birds elect to make this annual migration. Some choose to endure the harsh Kansas winters. Most of the time, they fare fairly well; but if there's snow cover or heavy ice, it may be difficult for birds to find food.

Many people find enjoyment tending to these creatures' needs via a birdfeeder. However, during the winter months, extra maintenance, upkeep and care is needed to provide maximum comfort and utility for these birds. There is much to consider when setting up birdfeeders, stocking the feeder and keeping a birdbath from freezing.

There are several things to consider when placing a birdfeeder. The primary thing is cover. When a bird is visiting your feeder, you don't want it to succumb to its enemies, such as birds of prey or cats. Thus, place the feeder among the same cover that the birds naturally use, namely the canopy of trees. To offer extra protection, you might consider placing a cage around the feeder. This adds the extra benefit of preventing raccoons or squirrels from eating the seeds.

If you seem to have a popular avian hangout, you may want to consider adding more feeders in order to reduce competition and overcrowding. If you have an attractive yard, placement of a birdfeeder coupled with choice plants should add beauty to the

area and protection and food for the birds.

The storage of food for the birds is not too demanding. It's actually not necessary to keep your feeder completely full during the winter months, as birds still are mostly able to forage for their natural food source. The main consideration is to ensure that the feeder is cleaned regularly and that the seeds are not wet, moldy or clumped together. Seeds in these conditions often lead to disease, which can easily spread to other birds.

Providing water, on the other hand, takes a small effort during the freezing months. Some folks

empty out their

birdbaths at these times; however, birds still need water to drink and to clean and fluff their feathers. An alternative to emptying out the bath is to purchase a small heater from a local pet store. These heaters aren't too expensive and don't use much electricity.

During the winter months, there may not be enough natural cover for the birds to take shelter in, so you may opt to create a birdhouse.

These offer ample warmth, comfort and protection during the cold nights. Additionally, the birds may decide to create their nest inside of it, adding to the enjoyment of observing the return of spring.

With the variety of color that nature provides for them, birds are a joy to watch. By providing a suitable locale, maintaining adequate storage of food and water and providing a cozy habitat, you'll be sure to have an attractive home for your feathered friends, even in the coldest of months.

For more information, contact the Conservation Office, building 1020 or 239-6211.

On the Wildside: News About Nature



The blue jay is one of many birds that stays in Kansas during the cold, winter months.

U.S. Fish and Wildlife Service

By Christopher Selmek

19th PAD

The Kansas State Wildcats' women's basketball team left Sparta Praha in the dust Sunday afternoon, winning 103-47 at Bramlage Coliseum.

Sunday's game was only the third time in two years that the Wildcats have broken the 100 point barrier, giving hope to what appears to be a long season for the preseason fifth-ranked team.

"I liked our play tonight and in a game that probably could have gotten fairly sloppy at times," said Deb Patterson, head coach. "It's early in the season, but I think that, with respect to what the challenge was tonight, I thought that we played well."

The player of the game was the Wildcats' Megan Mahoney, scoring a personal record of 20 points with six rebounds.

"She was really extraordinary," said Patterson. "I thought that she had a great feel and flow and confidence. You could just see the rhythm that she brought to the floor was very good, along with a good focus. At the same time, you have to really be impressed by the quality that she brought across the board, because it was probably one of the better performances that you could hope to see from a new player."

"I think on Wednesday there were some jitters out there in getting used to playing with some different combinations," Mahoney said. "Over the last few days, we really worked on cleaning things up and executing our offense better. The defensive end, too, picking up the pressure there, too. We looked a lot better today than we did."

Other high scorers for the Wildcats were Kendra Wecker

with 18 and Laurie Koehn with 14.

One of the most notable plays of the game was when Kendra Wecker sprinted past the Sparta Praha basket, only to pass the ball

backward between her legs to Mahoney, who made the layup.

"I just had in mind to save the ball, and there really wasn't any-

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Wildcat Twigg McIntyre, who was in play for a full 20 minutes, makes a leap to dunk for two of her 11 game points.

Bataan Memorial Death March limits number of participants

White Sands PAO

The 2004 Bataan Memorial Death March will be conducted on March 21, 2004, at White Sands Missile Range, N.M. Bataan Memorial Death March information and registration is available at www.bataanmarch.com. There is a limit of 4,000 marchers.

The memorial march recognizes the sacrifices made by thousands of U.S. and Filipino service members overwhelmed by the

Japanese in the Philippine Islands during World War II.

The 26.2-mile march starts on the missile range main post, crosses hilly terrain, winds around a small mountain and returns to the finish line through sandy desert trails and washes.

The elevation during the march varies from 4,100 to 5,300 feet. While marathon length, the memorial march is not a sanctioned marathon.

The event is open to military (active duty, Reserve, National

Guard, ROTC, JROTC or retired) and civilian teams and individuals in either heavy or light divisions. Military personnel marching in any military category must wear full field gear.

Civilian marchers in any category should wear attire appropriate for a road march through desert terrain. All marchers entered in heavy division categories must also carry a 35-pound rucksack.

Teams must consist of five people. All five marchers must cross

the finish line together.

Because the event has grown dramatically in recent years, it is being capped at 4,000 to preserve that quality and to ensure a safe and positive experience for all participants.

Cost is \$35 for individuals and \$140 for a five-person team.

All forms of registration will end if/when the 4,000 limit is reached.

Deadlines are Feb. 20 for entry forms received by mail, Feb. 26 for entry forms received via fax

and March 11 for on-line registration. Again, if the 4,000 participant maximum is reached early, all forms of registration will close.

Registered participants will receive a commemorative t-shirt, a commemorative timing chip, a certificate, pre-event continental breakfast and post-event meal. Those who finish the march will receive a commemorative dog tag.

For general information about the march, call the White Sands

Missile Range Public Affairs Office at (505) 678-1134. Questions and e-mailed comments to bataan@wsmr.army.mil

Barlow Theater

Tonight:

7 p.m.
School of Rock (PG-13)

Saturday:

7 p.m.
Out of Time (PG-13)

Sunday:

7 p.m.
Duplex (PG-13)

Military Family Appreciation Week Monday:

7 p.m.
Finding Nemo (G)

Tuesday:

7 p.m.
Freaky Friday (PG)
For Ware Elem. families

Wednesday:

7 p.m.
Spy Kids III (PG)

Thursday:

7 p.m.
Santa Claus II (G)

Ticket prices:
Adults - \$3
Children - \$1.50

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She explained that Kansas Special Olympics began in 1970 and includes athletes from every county in the state.

"Athletes must be at least 8 years old to compete in the Special Olympics," said DeVenuto. "There is no maximum age limit to compete. If they can get the ball down the lane....they can bowl in

a regional tournament which qualifies them for here."

DeVenuto explained that the benefits of participating in the Special Olympics are many but include improved physical fitness and motor skills and an opportunity to participate in a sport with their peers.

"This is about smiles, cheers

and a chance for athletes to build a greater self confidence," said DeVenuto. "The athletes carry these benefits with them into their daily lives at home, in the classroom, on the job and in the community."

Emrick's mother, Linda, said that her son lives for the Special Olympics. "He's like the postal

service," she said. "Rain, snow or hail couldn't keep him away from this tournament. It's something he can do with his peers. He practices all time."

Emrick's mother said when he practices, she plans to be at the bowling alley for quit a while.

"He bowls as many as 12 games when he practices," she

said. "He's beat his brother and me before. It's a very humbling experience."

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thing else," said Wecker. "I couldn't do anything else with it. She just happened to be running the floor and be in the right spot."

With a 51-24 lead at halftime, the Wildcats began to experiment more with their rotations, giving time to every player on the bench.

"I think we were able to sub individuals on the perimeter and in the post, and maybe in one or two-player situations," said Patterson. "We kept the core group on the floor to play with some of the younger players at a more consistent level than we did in the

first game, and that's what we were after."

"I thought that both our starters and our new players did a nice job of staying in rhythm and executing," she continued. "We didn't necessarily have a lot of variety to what we did offensively, but at the same time, that's OK, because the nature of the game allowed us to keep it relatively simple."

Twiggy McIntyre was in play for half the game and scored 11 points, which came as a surprise, given her Freshman status and nervousness in her last game.

"I felt very comfortable," she said. "The first game, we all had jitters. Really, those weren't present at all today. This group of young women, they just give me confidence, and I feel confident being on the floor with them."

Milena Steffanova led Sparta Praha, one of the top basketball club teams in the Czech Republic, with 15 points and four rebounds.

The K-State women will open their regular season on the road against Purdue at the State Farm Women's Hall of Fame Tip-Off

Classic Sunday, 4 p.m. The game will aired live on ESPN2.

Cyan Magenta Yellow Black

ITR

MWR Bus

The Morale, Welfare and Recreation bus is available for rent for Command and unit functions, Hail and Farewells, Family Readiness Groups, retiree groups, church groups and Fort Riley private organizations. Call ITR for further information.

Armed Forces Vacation Club

AFVC is a space available program that offers condominium vacations at resorts around the world for only \$249 per unit per week. If you enjoy off-season activities in popular locations without the hassle of high-season prices and crowds, the AFVC

offers an incredible vacation value. Call or stop by for further information.

Santa Suit Rental

Stop by and rent a special ensemble for that special person for your unit, FRG or organizational holiday party. New this year are elf suits for Santa's special helpers. There is limited availability.

McCain Auditorium

There are military discounts available for upcoming performances at McCain Auditorium on the Kansas State University campus. There is a limit of two discount tickets per ID holder. Scheduled performances include:

Dec. 5 and 6 - Cats, Feb. 6 - Giselle (Moscow Festival Ballet), Feb. 14 - The Adventures of Tom Sawyer and Feb. 26 - Moscow State Radio Symphony.

Stop by ITR for a brochure and further information.

Military Salutes

Many theme parks, regional attractions and vacation destinations will salute the military with free admissions and deep discounts through late fall and early winter. Stop by ITR for additional information and low rates for hotels near those attractions.

Kansas City Chiefs

Experience the excitement of NFL football with the Kansas City

Chiefs. Limited tickets are available through ITR. Tickets are \$60 without transportation and \$80 with transportation.

Grab some friends and tailgate at Arrowhead stadium. Support your favorite team. Games remaining include: Nov. 23 - Oakland Raiders, Dec. 14 - Detroit Lions and Dec. 28 - Chicago Bears.

Discount Movie Tickets

Discount movie tickets are available at ITR. Passes may be used at Seth Childs in Manhattan for \$5.50. They are a great gift idea for birthdays or special occasions.

The Information, Ticketing and

Registration office is located in building 6918 (across from the PX). The hours of operation are Monday - Friday 10 a.m. - 6 p.m., Saturdays 9 a.m. - 2 p.m. and the office is closed federal holidays.

Golfers battle it out at annual fall classic

By Sam Robinson
Staff Writer

Despite the chilly temperatures, 29 teams took to the greens to enjoy a day of golf and fun, last Friday. The 3rd Annual Fall Golf Classic took place Nov. 7, at the Custer Hill Golf Course.

"It was a little cold at first, when we got started," said Dick Young, participant. "But the trash talk we fired at each other, has helped us warm up."

"This is a great way to end the regular golf season here at the course," said Tom Pettegrew, event coordinator. "It gives the die-hards a chance to get out one last time before winter."

The event also helps to build camaraderie between the participants.

"We all have nicknames for each other, when it comes to golf," said Larry Devine, participant. Some of the names are derived from play of the day, others are long standing."

"I'm here to have fun and support the Vets," said Stan McClelland, participant. "This is a lot of fun and a great way to enjoy a nice fall day."

The first flight, first place team consisted of Col. John Simpson, Rick Glenn, Mike Yonkin and John Stewart. The foursome finished with a 9-under-par-63. The

second place team, belonging to John Farman, posted a 65 for the day.

The second flight, first place

team headed by Mark Kelly ended the day with a 3-under-par-69. The second place team eagled the day, finishing with a 70 and was

headed by Rick Hahn.

Jim Hoover had the third flight winning team. The team was followed by Sgt. Major Larry Matthew's team, which finished in second place in the third flight.

"Nearly all of the players and teams finished in less than five hours, which was a major improvement of past years," said Pettegrew.

Once the winter hours are in effect Dec. 1, the course will be closed on Mondays and Tuesdays and will not open until 10 a.m. The late opening is to accommodate early morning frost. In the event of weather advisories, snow, ice, sleet and any other such event the golf course will remain closed for play, according to Pettegrew.



Post Robinson

Staff Sgt. David Westphal swings his club during the 3rd Annual Fall Golf Classic Nov. 7, at Custer Hill Golf Course.